

West Pool Schedule *effective September 1, 2020**

*We are open Labor Day from 8 a.m. to 1:45 p.m. please check the website for the special holiday class schedule.

Reservations are required for all classes and pool access. Save your spot up to 48 hours in advance.

For more information or to sign up for a class visit <https://galterlifecenter.org/classes-events/classes>

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Access 5:15-6:45 a.m.	Pool Access 5:15-5:45 a.m.	Pool Access 5:15-10:45 a.m.	Pool Access 5:15-5:45 a.m.	Pool Access 5:15-10:45 a.m.	Masters 6:45-7:45 a.m.	Pool Access 6:45-9:15 a.m.
SwimFit 7-8 a.m.	Masters 5:45-6:45 a.m.	Break	Masters 5:45-6:45 a.m.	Break	Pool Access 8 a.m.-noon	Aqua Blast 9:15-10 a.m.
Pool Access 8:15-10:45 a.m.	Pool Access 7-10:30 a.m.	Pool Access 11:15-11:45 a.m.	Pool Access 7-9 a.m.	Pool Access 11:15 a.m.- 3:45 p.m.	Break	Pool Access 10:15-11:45 a.m.
Break	Break	Masters Noon-1 p.m.	Aqua Blast 9:15-10 a.m.	Break	Pool Access 12:30-4 p.m.	Break
Pool Access 11:15 a.m.- 3:45 p.m.	Pool Access 11 a.m.-3:30 p.m.	Pool Access 1:15-3:45 p.m.	Pool Access 10:15-10:45 a.m.	Pool Access 4:15-6:15 p.m.		Pool Access 12:15-4:15 p.m.
Break	Break	Break	Break			
Pool Access 4:15-5:45 p.m.	Pool Access 4-6 p.m.	Pool Access 4:15-9:15 p.m.	Pool Access 11:15-11:45 a.m.			
Masters 6-7 p.m.	Aqua Zumba 6-6:45 p.m.		SwimFit Noon-1 p.m.			
Pool Access 7:15-9:15 p.m.	Pool Access 7-9 p.m.		Pool Access 1:15-3:45 p.m.			
			Break			
			Pool Access 4:15-9:15 p.m.			

Pool Access	Fee Based Classes	Group Fitness Classes