

East Pool Schedule *effective February 1 - April 3, 2021**

*Please note we are closed on Easter Sunday, April 4.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Access 5:30-10 a.m.	Pool Access 5:30-10:30 a.m.	Pool Access 5:30-10 a.m.	Pool Access 5:30-10:30 a.m.	Pool Access 5:30-10 a.m.	Pool Access 6:45-8 a.m.	Pool Access 7 a.m.-noon
AAE 10:15-11 a.m. Suzanne	Break	AAE 10:15-11 a.m. Krista	Break	Aqua Yoga 10:15-11 a.m. Martha	Aqua Yoga 8:15-9 a.m. Shannon	Break
Pool Access 11:15 a.m.- 3:45 p.m.	Pool Access 11 a.m.- 12:15 p.m.	Pool Access 11:15 a.m.- 3:45 p.m.	Pool Access 11 a.m.- 3:30 p.m.	Break 11-11:30 a.m.	Pool Access 9:15 a.m.-noon	Pool Access 12:30-4:30 p.m.
Break	AAE 12:30-1:15 p.m. Suzanne	Break	Break	AAE 11:30 a.m.- 12:15 p.m. Leslie	Break	
Pool Access 4:15-9:15 p.m.	Pool Access 1:30-3:30 p.m.	Pool Access 4:15-5:15 p.m.	Pool Access 4-9:15 p.m.	Pool Access 12:30-3:30 p.m.	Pool Access 12:30-4:30 p.m.	
	Break	Aqua Yoga 5:30-6:15 p.m. Shannon		Break		
	Pool Access 4-9:15 p.m.	Pool Access 6:30-9:15 p.m.		Pool Access 4-6:30 p.m.		

Please note: All Group Fitness classes are free to attend with a facility access membership.
 Weekly reservations are required for all classes and pool access. Save your spot up to 48 hours in advance.
 For more information or to sign up for a class visit <https://galterlifecenter.org/classes-events/classes>

