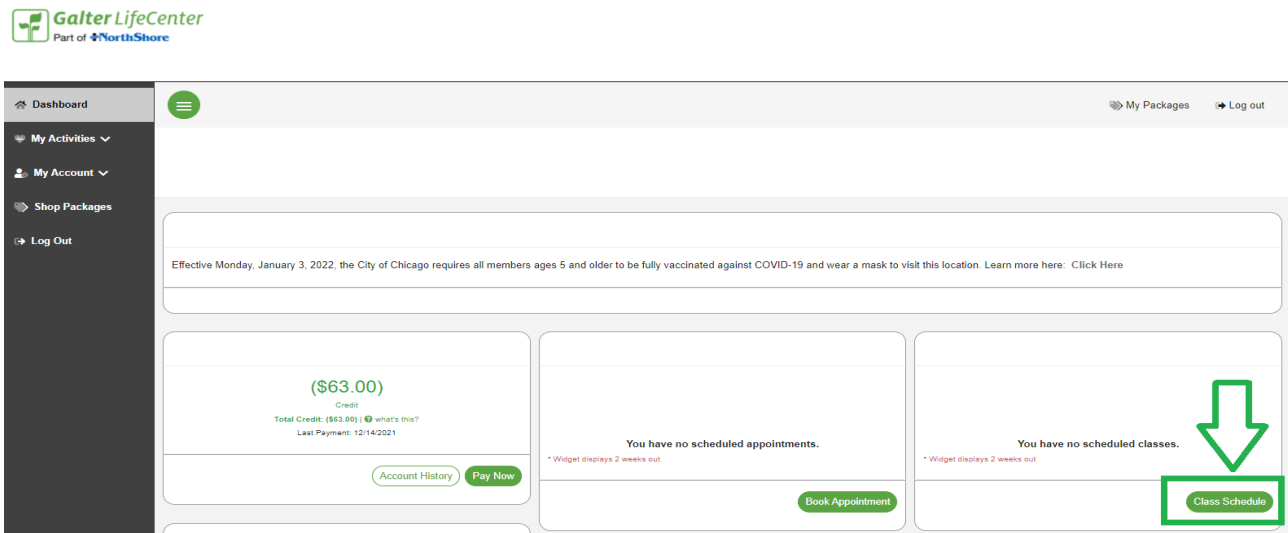
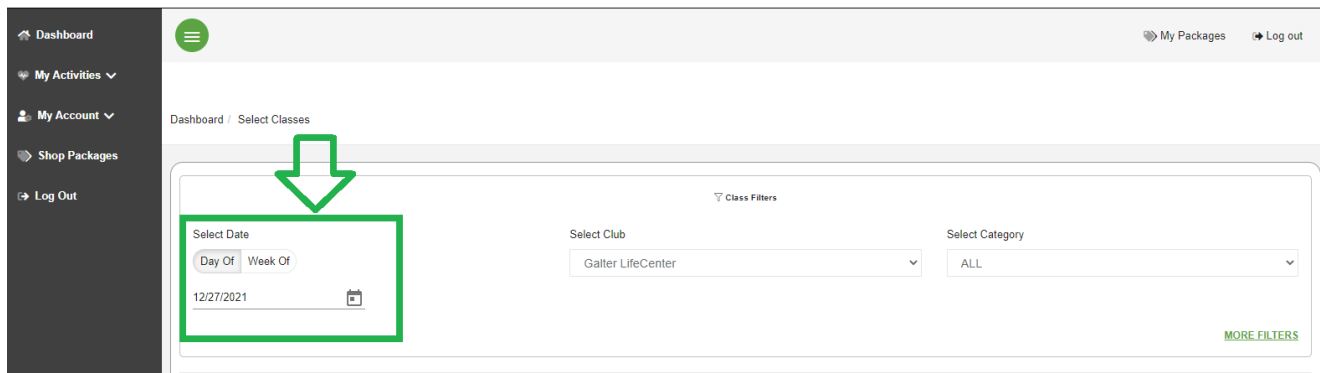


How to Schedule a Class/Pool Appointment

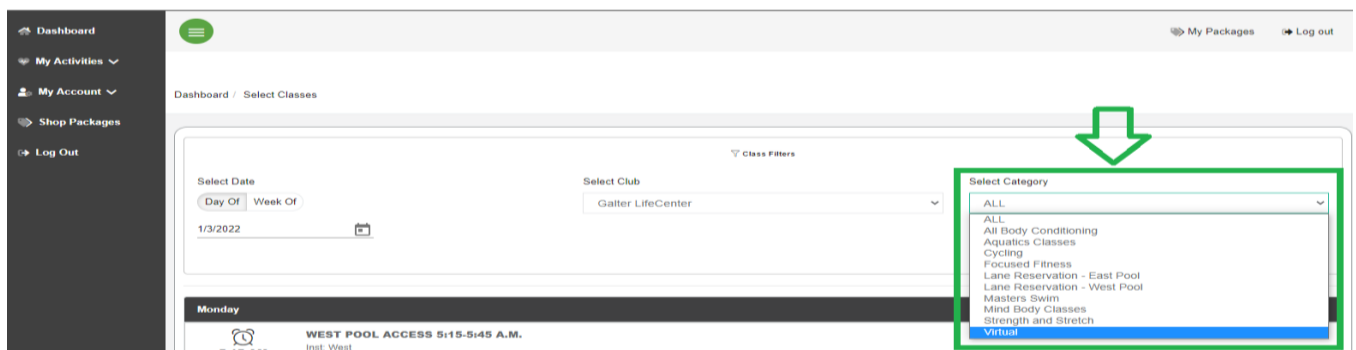
1. Login and go to the dashboard, then click on the “Class Schedule.”



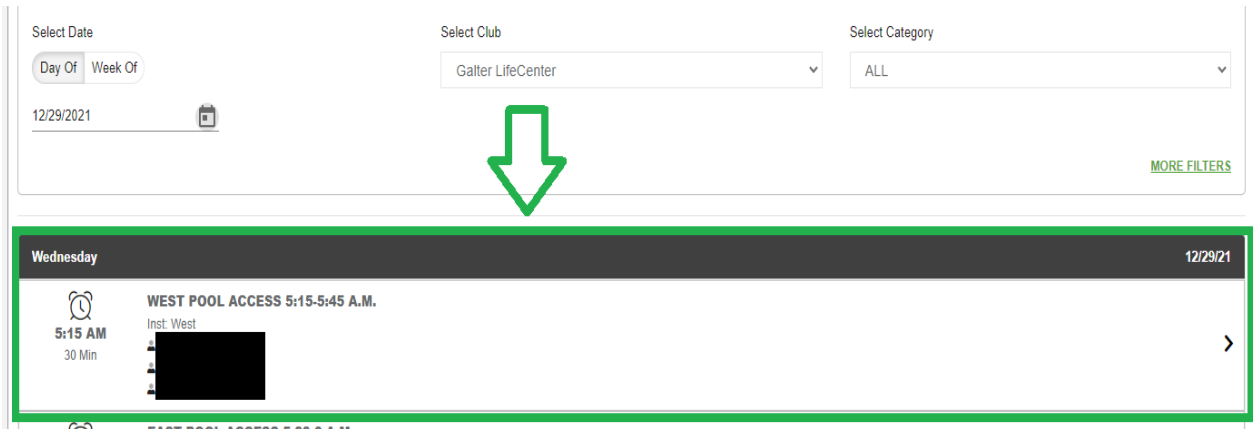
2. The class schedule will appear. On the left hand side, make sure the proper date is highlighted. (Remember, you may book virtual classes one week in advance and live classes up to 72 hours in advance!)



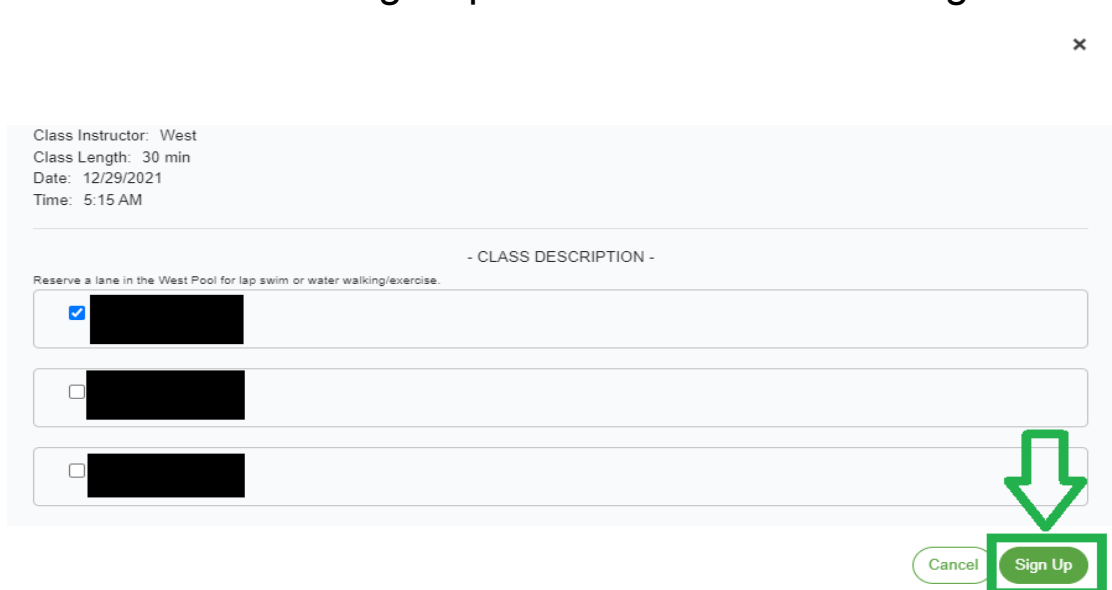
3. On the right hand side, you can also categorize the classes to lower your search field. All virtual classes are listed under the Virtual category, regardless of class format.



4. Once you find the class or pool time you'd like to attend, click on the appointment to send you to the next page.



5. A pop-up window appears to confirm the booking. Select the correct participant. Then hit the “Sign Up” button on the bottom right corner.



6. This will take you to the “Payment Options” screen. Pricing is determined by membership type (i.e. Virtual classes are free for Virtual Members and Focused Fitness classes are free for members with Focused Fitness passes!) Hit “Continue” on the bottom right once you confirm. You have now signed up for a class! Check your email for a confirmation message.

