

East Pool Schedule *effective September 1, 2020**

* We are open Labor Day from 8 a.m. to 1:45 p.m. please check the website for the special holiday class schedule.

Please note: All Group Fitness classes are free to attend with a facility access membership.

Weekly reservations are required for all classes and pool access. Save your spot up to 48 hours in advance.

For more information or to sign up for a class visit <https://galterlifecenter.org/classes-events/classes>

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Access 5:30-10 a.m.	Pool Access 5:30-10:30 a.m.	Pool Access 5:30-10 a.m.	Pool Access 5:30-10:30 a.m.	Pool Access 5:30-10:30 a.m.	Pool Access 6:45-8:15 a.m.	Pool Access 7 a.m.-noon
AAE 10:15-11 a.m.	Break	AAE 10:15-11 a.m.	Break	Break	Aqua Yoga 8:30-9:15 a.m.	Break
Pool Access 11:15 a.m.- 3:45 p.m.	Pool Access 11 a.m.- 3:30 p.m.	Pool Access 11:15 a.m.- 3:45 p.m.	Pool Access 11 a.m.- 3:30 p.m.	Pool Access 11-11:30 a.m.	Pool Access 9:30 a.m.-noon	Pool Access 12:30-4:30 p.m.
Break	Break	Break	Break	AAE 11:30 a.m.- 12:15 p.m.	Break	
Pool Access 4:15-9:15 p.m.	Pool Access 4-9 p.m.	Pool Access 4:15-9:15 p.m.	Pool Access 4-6 p.m.	Pool Access 12:30-3:30 p.m.	Pool Access 12:30-4:30 p.m.	
			Aqua Yoga 6-6:45 p.m.	Break		
			Pool Access 7-9 p.m.	Pool Access 4-6:30 p.m.		

Pool Access	Group Fitness Classes